

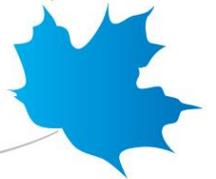


**YEARS STRONG
FORTES ANNÉES**

Canadian Association of Foot Care Nurses

CAF CN / ACIISP

Association canadienne des infirmières et infirmies en soins de pieds



10th AGM & Conference

Marriott on the Falls - Niagara Falls, Ontario

May 24-26, 2019

Friday May 24, 2019 Workshops

Due to an overwhelming response to the workshops last year and many attendees disappointed as you were unable to register for the workshop you wanted due to limited offerings, the conference committee decided to put all the workshops as a pre-conference learning day and that way no one misses the amazing line-up of speakers on Saturday and Sunday.

The workshops are NOT included in the conference registration fee and require separate registration. In order to keep the costs down, breakfast/lunch is not included. Some of the workshops have a lab fee included as outlined below.

8:00 – 8:30	Coffee	
8:30 – 10:00	<p>#1 Room: Hennepin North Take Your Assessment Skills to the Next Level! <i>Presenters: Tannis Sorge & Sandra Tetrault</i></p> <p>Cost: \$70.00 includes \$20 lab fee</p>	<p>#2 Room: Salon A Benefits of Reflexology <i>Presenter: Joanne Garrison</i></p> <p>Cost: \$50.00</p>
10:00 – 10:30	Coffee break	
10:30 – 12:00	<p>#3 Room: Hennepin North Take Your Assessment Skills to the Next Level! <i>Presenters: Tannis Sorge & Sandra Tetrault</i></p> <p>Cost: \$70.00 includes \$20 lab fee</p>	<p>#4 Room: Peninsula Padding & Off-loading <i>Presenter: Dr. Peter Stavropoulos</i></p> <p>Cost: \$70.00 includes \$20 lab fee</p>
12:00 – 1:00	Lunch (not included)	
1:00 - 2:30	<p>#5 Room: Peninsula Padding & Off-loading <i>Presenter: Dr. Peter Stavropoulos</i></p> <p>Cost: \$70.00 includes \$20 lab fee</p>	<p>#6 Room Salon A Foot Care Instrument Reprocessing 101 <i>Presenter: Gale Schultz</i></p> <p>Cost: \$50.00</p>
2:30 – 3:00	Coffee Break	
3:00 – 4:30	<p>#7 Room: Peninsula Custom Orthodigitals <i>Presenter: Dr. Peter Stavropoulos</i></p> <p>Cost: \$70.00 includes \$20 lab fee</p>	<p>#8 Room: Hennepin North The Foot Nurse's Toolbox <i>Presenter: Arlene Van Doorn</i></p> <p>Cost: \$50.00</p>

Workshop 1 & 3: Take your Assessment Skills to the next level! *Limited to 30 participants*
This session is sponsored by PEDEd

Join us for a "hands on" interactive 90-minute session to assist you with assessment skills including:

- PAD / vascular review & assessment
- Diabetic Peripheral Neuropathy review & assessment tools

Workshop 2: Benefits of Foot Reflexology *Limited to 40 participants*

Reflexology is a combination of pressure and massage of the feet. Points of the top, bottom and sides of the foot represent various organs, glands and systems of the body. Stress and tension can restrict blood flow, causing you to become sluggish. As a result, tissues becoming oxygen-deprived and the energy in the body becomes depleted. Reflexology can help the body's circulation. This workshop will show you how the benefits of reflexology as another option for your foot clients.

Workshop 4 & 5: Padding & Off – loading *Limited to 20 participants*

This workshop is sponsored by CPC Healthcare Inc.

A variety of padding and off-loading techniques may be used to treat or prevent corns, calluses, blisters and pressure lesions of the foot. This interactive workshop will provide a hands-on opportunity to learn about and practice padding techniques and other interventions to avoid and address such lesions. We will examine the use of an array of over-the-counter products along with learning to fabricate custom padding toward achieving those therapeutic objectives.

**NB Please wear or bring a pair of shoes with removable liners/insoles to practice making custom padding. Be prepared to remove your shoes to make removable padding for your toes and feet.

Workshop 6: Foot Care Instrument Reprocessing 101 *Limited to 50 participants*

This workshop will provide a comprehensive review of the requirements for reprocessing foot care instruments including pre-cleaning, decontamination, inspection & packaging, sterilization, storage and transportation.

Workshop 7: Custom Orthodigitals *Limited to 20 participants*

This workshop is sponsored by Quality FootCare Products

This interactive workshop will provide a practical, hands-on opportunity to learn how to make advanced off-loading digital silicone molds. Learn about the various types of orthodigitals, their indications and how to make them successfully to improve your client's foot health.

Workshop 8: The Foot Nurse's Toolbox *Limited to 30 participants*

Which nipper do I choose? Straight, curved, pointed or double spring with lock? Which rotary device is best suited for my needs? Finding the correct tool can be confusing at best. Not all nippers are equal. What type of bur is best? Ceramic, diamond, carbide, multi or single use? Enjoy hands on experience as well as tool maintenance. Learn what to purchase and what to avoid. This workshop will alleviate some of your concerns. "One size does Not fit all"

Friday May 24, 2019

4:00 – 6:00	Early Conference Registration
6:30	AGM registration
7:00 – 8:30	AGM
8:30 – 9:30	Wine & Cheese Networking Reception

Saturday May 25, 2019

7:00 – 7:50	Registration & Breakfast
7:50 – 8:30	Welcome & Opening Remarks Greetings from the Mayor of Niagara Falls
8:30 – 9:15	Peripheral Arterial Disease & the Diabetic Foot - Dr. Robyn Evans This session will provide an overview of peripheral arterial disease and the diabetic foot highlighting the pathophysiology, incidence, prevalence, diagnosis and treatment and the impact of both diseases on the patients quality of life.
9:15 - 10:00	Your role in diabetes-related amputation prevention - Mariam Botros Across Canada diabetes-related amputations are increasing in prevalence, are associated with high morbidity and mortality and have become one of the most feared complications of people with diabetes. This interactive session will explore your role as a front-line clinician to amputation prevention strategies to ensure outcomes that support healthier and productive patients.
10:00 – 10:30	Nutrition Break Vendor Shopping time/Networking with Colleagues
10:30 – 12:00	Provincial Roundtable (continue thru lunch)

12:00 – 1:30

Lunch

1:30 – 2:30

Peripheral Neuropathy in the Diabetic Foot including Charcot - Dr. Jim Hill

Peripheral neuropathy caused by diabetes is a result of microvascular complications affecting the nerves: sensory, motor, autonomic or all three. This session will provide an overview of symptoms, clinical presentation, risk factors and treatment.

2:30 – 3:00

Nutrition Break

Vendor Shopping time/Networking with Colleagues

3:00 – 3:45

Targeted Nutritional Therapy for the Treatment of Diabetic Neuropathy – Dr. Evan Lewis

Dr. Lewis has recently completed the first clinical trial to show nerve regeneration in people with Diabetes. This presentation will highlight current gaps in neuropathy management, clinical trial findings and relevant case studies. Case studies will also be used to identify how evidence-based targeted nutritional therapy can be discussed with clients and implemented in clinical practice.

3:45 – 4:30

Electronic Medical Record (EMR) – Michelle De Grandmont

This session will provide an overview of different EMR systems used for scheduling, documentation, communication and billing. Both pros and cons as well as the legal implications and security concerns will be addressed. As a busy entrepreneur learn techniques to save time, energy and how to streamline actions.

4:30 – 5:30

Spotlight sessions: Exhibitors are invited to showcase a product or service in 10-minute rotating sessions.

Saturday Evening Social Event: \$25.00

With so many options for places to eat and to see in beautiful Niagara Falls, we're leaving it to you to enjoy dinner on your own and inviting you to join us on the



Fallsview Terrace at 8 pm for an evening of camaraderie with colleagues, enjoy tastings from local brewmasters and wineries, as well as a hot cocoa bar and specially created hors d'oeuvres and take in the spectacular fireworks over Niagara Falls.

Sunday May 26, 2019

- 7:15 – 8:00 Breakfast
Vendor Shopping time/Networking with Colleagues
- 8:00 – 8:45 **Shoe fit, shoe lacing and vinegar: Three simple-to-implement cost-effective strategies, to enhance foot health, balance and quality of life** - Kate Clayton-Jones
The sharing of knowledge and approaches that support good skin and foot health of a patient is an important role for any nurse providing foot care. This presentation will provide an overview of the science and strategies behind using vinegar, knowing how a shoe should fit and how lacing a shoe can be used to change a patient's weight and balance.
- 8:45 – 9:30 **Shoe Modifications: A therapeutic/orthopedic approach to offloading problem areas of the foot** – Phil Watson
This session will present an overview of footwear design considerations and modifications using various internal/external approaches and remedial devices. The focus will be on definitions and examples that will help clients and clinicians better understand foot support.
- 9:30 – 10:00 Nutrition Break
Vendor Shopping time/Networking with Colleagues
- 10:00 – 11:00 **Legal Considerations for the Foot Care Nurse** – Tim Langlois, Canadian Nurses Protective Society
This presentation will consider the legal questions most often asked by Foot Care Nurses. Issues include insurance requirements, professional liability protection, documentation, professional practice/competence and consent.
- 11:00 – 12:00 **First Ray Problems** - Dr. Tej Sahota
This session will provide an overview of the most common pathologies afflicting the 1st MPJ in normal patient populations.
- 12:00 – 1:30 Lunch

12:00 – 1:30

Educators Lunch - If you are a nursing foot care educator, please join us for lunch. Must be an educator to attend.

12:15 – 1:00 Principles of Adult Learning

1:00 – 1:25 Standards for Recognition of Nursing Foot Care Education Programs

1:30 – 2:15

Patient Centered Advocacy Michelle De Grandmont

As an independent practice foot care nurse learn how to develop tools to advocate, educate and support your clients and the foot health team. This session will provide an overview of ways to streamline the tools you need to build trusting relationships that will promote your professionalism and lead to referrals from your colleagues.

2:15 – 3:00

Advanced Nursing Foot Care Practice in Canada: Practice Environment and Perceptions of Barriers and Facilitators to Foot Care - Jennifer Densmore & Kathleen Stevens

Advanced nursing foot care practice is a growing specialty with the Canadian Association of Foot Care Nurses (CAFCN). The purpose of this presentation is to present the findings of a descriptive exploratory study that explored the perceptions of advanced foot care nurses regarding their practice environment and their perceptions of barriers and facilitators to foot care.

3:00 – 3:30

Nutrition Break

Vendor Shopping time/Networking with Colleagues

3:30 – 4:15

Using Pure Aqueous Iodine for The Treatment of Onychomycosis – Manny Moniz

Half of all nail disorders are caused by onychomycosis and is considered to be the most common nail disease in adults. In this session, Manny will introduce a new and simple method to treat onychomycosis and how to effectively incorporate this into your practice for better patient outcomes.



Conference Registration Form

A quick note about prices. While costs around us went up, we stayed true, but for the first time in 7 years, we've had to increase our prices. We didn't want to, but it had to be done.

Registration fee includes 2 breakfasts, 2 lunches and all breaks

Members: Early Bird before April 1, 2019: \$395.00 After April 1, 2019: \$495.00

Non-Members: Early Bird before April 1, 2019: \$525.00 After April 1, 2019: \$625.00

One day attendance

Members: Early Bird before April 1: \$225.00 After April 1, 2019: \$275.00

Non-Members: Early Bird before April 1: \$275.00 After April 1, 2019: \$325.00

Please indicate which day you will be attending. ____ Saturday ____ Sunday

Workshops registrations are separate from above rates.

Workshop fees are as listed below.

____ Yes, I plan on attending the Saturday Evening Social Event \$25.00

If you are a member of CAFCN and your registration (form & payment) is received prior to the early bird deadline (April 1), your name will be entered in a draw for a refund of your conference fee. (excludes Workshops)

Register online at www.cafcnc.ca

Name: _____

Address: _____

City: _____ Province: ___ Postal Code: _____

Email: _____

2019 Member Non-Member

Yes, I will be attending the AGM (Friday May 24 @ 7:00pm)

Please identify any dietary restrictions _____

Please include my contact information on a participant list

WORKSHOP REGISTRATION: Friday May 24 Avoid disappointment – register early!

Registration is limited. Seats given on a first come, first serve basis.

Workshop #1: Assessment Skills - limited to 30 participants \$70.00

Workshop #2: Benefits of Foot Reflexology – limited to 30 participants \$50.00

Workshop #3: Assessment Skills - limited to 30 participants \$70.00

Workshop #4: Padding & Off-loading - limited to 20 participants \$70.00

Workshop #5: Padding & Off-loading - limited to 20 participants \$70.00

Workshop #6: Foot Care Instrument Reprocessing 101 - limited to 50 participants \$50.00

Workshop #7: Custom Orthodigitals – limited to 20 participants \$70.00

Workshop #8: The Foot Nurse's Toolbox - limited to 30 participants \$50.00

EDUCATORS LUNCHEON: If you are an educator, please join us for lunch to meet your educator colleagues and hear an update on the Education Standards and the process for program recognition.

Are you planning on attending the educator's lunch? yes

Please identify the program you teach for: _____

Refund Policy

Refund requests will be honoured, less a \$50.00 processing fee,
if received in writing prior to May 3, 2019.

After this date, refunds will not be issued, substitutions are permitted.

Be Air Aware

For the health and comfort of our colleagues, please avoid strong scents.

Hotel Information

Call the hotel directly at 1-877-353-2557 or visit

Marriott on the Falls – www.marriottonthefalls.com/company/canadian-association-of-foot-care-nurses

Marriott Fallsview Hotel & Spa – www.niagarafallsmarriott.com/company/canadian-association-of-foot-care-nurses

A block of rooms has been reserved for CAFCN participants. The Marriott on the Falls/Marriott Fallsview Hotel & Spa have provided a conference rate of \$137 (City view) and \$187.00 (Falls view) (single or double).

This block of rooms is guaranteed at this rate until **April 30, 2019**.

We encourage you to book your room early as our conference is on the American long weekend and once our block of rooms is sold out we cannot secure any more.

For reservations www.cafcnc.ca (Conference link). The Marriott on the Falls will honour this room rate 3 days pre and post conference depending on availability.

For more information please email conference@cafcnc.ca

Register online at www.cafcnc.ca