



Canadian Association of Foot Care Nurses

CAFNCN / ACIISP

Association canadienne des infirmières et infirmiers en soins de pieds



16th AMM & National Hybrid Conference

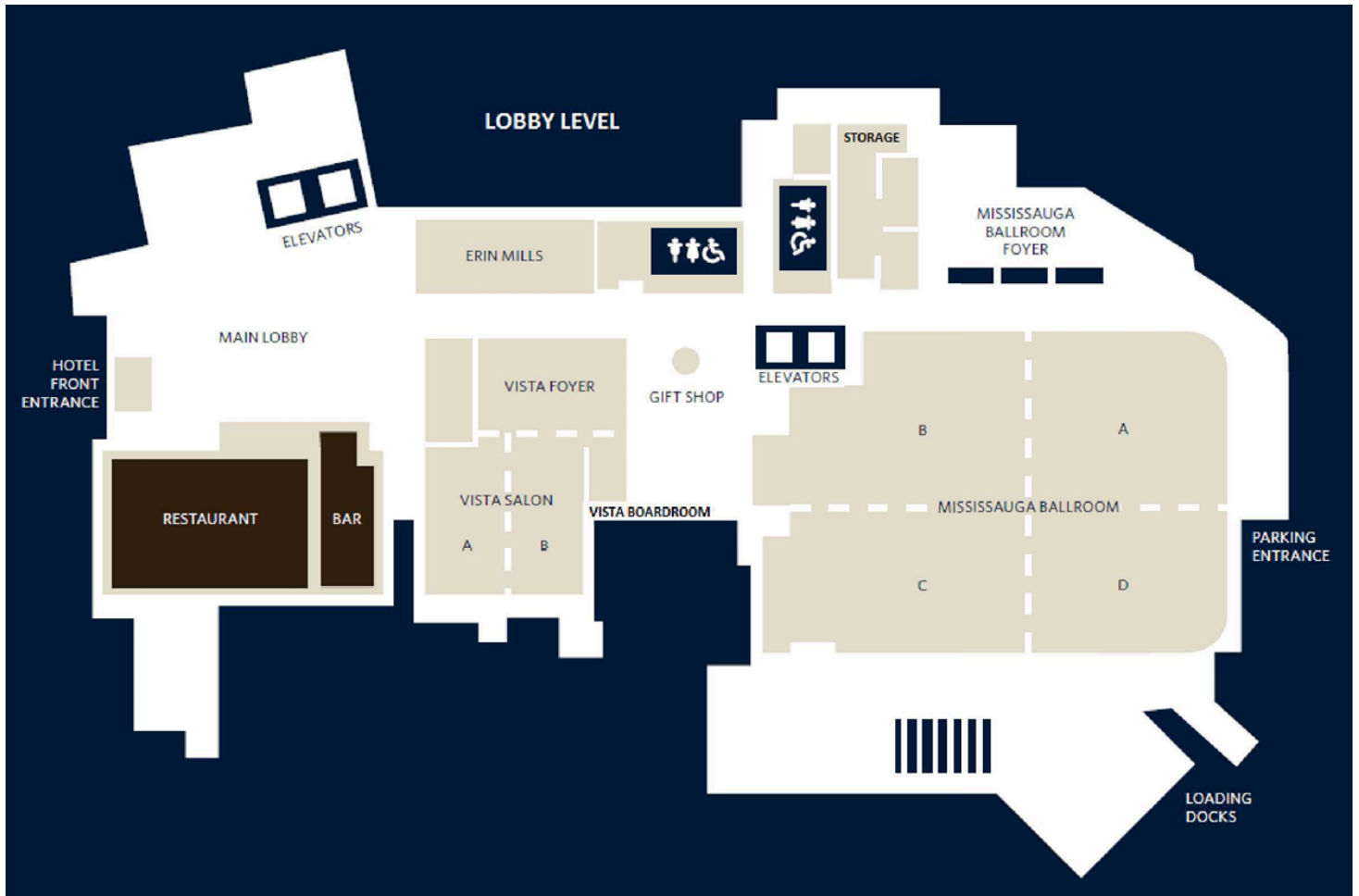
Hilton Toronto Airport Hotel

Toronto, ON | May 22 - 24, 2026

CANADA'S LARGEST FOOT CARE CONFERENCE

Floor Plan

Lobby Level



Friday Workshop Rooms

Vista Salon A:

- From Blisters to Breakdowns: Taking Your Skills to the Next Level
- How to Secure a Shoe to a Foot
- Crafting a Safe Space Through a Trauma Informed Lens
- Retirement Opportunities for the Self-Employed

Vista Salon B:

- Callus & Corn Treatments with Sharps Certificate Training
- Compression Fitting
- Custom Silicone Foot Orthosis
- Connecting the Dots: From Clinical Assessment to Video Gait Analysis

Erin Mills:

- Treatment of the Ingrown Toenail
- Onychoplastie Essentials: GEHWOL Nail Repair
- Padding & Off-Loading

Mississauga Ballroom A & D: Saturday & Sunday Plenary Sessions

Mississauga Ballroom B & C: Exhibitor Hall

Mississauga Ballroom Foyer: Registration Desk

Floor Plan

Conference Level



Friday Workshop Room

Cawthra:

- Burring with a Purpose: Aligning Technique with Client Goals
- Onyfix Nail Correction Certification
- Hands-On Learning with the ToeFX System & PCR Test

Annual Members Meeting (AMM), Friday, May 22

Ontario A: Registration opens at 6:30 PM

Doors will close at 7:00 PM sharp; late entry will not be permitted

Dundas: Wine & Cheese Reception (following the AMM)

Sponsored by Pedicare



2026 Speaking Faculty



Nicola Bartley

Nicola is a dedicated Chiropodist/Foot Specialist specializing in high-risk foot wound management and lower limb preservation. She holds a Master's degree in Clinical Science (Wound Healing) from Western University and currently serves as the Integrated Care Lead/Chiropodist for the Mid-West Toronto OHT Lower Limb Preservation Demonstration Project. As a subject matter expert, Nicola played a key role in developing the federally supported Best Foot Forward curriculum, a program that has educated many individuals across Canada on diabetic foot risk assessment and screening. Her work is guided by a patient-centered philosophy that prioritizes equitable access to care and addresses the critical impact of social determinants of health on wound care outcomes.



Scott Beck

Having 35 years experience in the industry, including 4 years working with CAFCN hosting webinars and presenting at the 2025 National Conference, Scott offers an entertaining and informative educational session without a salesy feeling.



Mariam Botros

Mariam Botros is the Chief Executive Officer of Wounds Canada, a national health charity dedicated to advancing best practices in wound prevention, management, and skin health policy. In this role, she provides strategic leadership across education, research, advocacy, and system-level change, working collaboratively with clinicians, researchers, policymakers, and people with lived experience to improve outcomes across the continuum of care.

She is an Associate Professor in chiropody education, where she teaches and mentors future foot health professionals, with a focus on diabetic foot complications, clinical decision-making, and interprofessional practice. Her academic work bridges evidence and practice, emphasizing prevention, early intervention, and risk-based care pathways.

Mariam is also an author and contributor to peer-reviewed publications, clinical guidance, and national educational resources, with recognized expertise in diabetic foot health, wound care, and patient-centred policy development.



Janis Boudreau

Janis Boudreau is the CEO and Founder of Advanced Foot Care Nurse and Wellness Centre Inc. and the AFCN Learning Institute, where she leads with a vision to transform foot health care and empower the next generation of nurses.

As a Registered Practical Nurse specializing in advanced foot care, Janis has grown her practice into a thriving organization that now operates four foot care clinics, a home care division, and provides services across 27 contracted facilities. Under her leadership, the Centre has expanded to include a dedicated team of 19 staff and works in collaboration with 22 clinical education partners, creating an extensive network of care and professional development.

Through the AFCN Learning Institute, Janis extends her impact nationally by training and mentoring nurses across Canada, equipping them with the specialized skills required to deliver advanced foot care services in both clinical and community settings. She is passionate about advancing the nursing profession, fostering innovation in healthcare education, and ensuring that accessible foot care remains a priority within broader health and wellness conversations.

A respected leader, entrepreneur, and educator, Janis is recognized for her ability to blend clinical expertise with business acumen. Her entrepreneurial spirit has not only established sustainable healthcare services but also created opportunities for professional growth and innovation within the nursing field.

When she is not advancing foot health and professional learning, Janis is an advocate for community wellness and lifelong learning, continually seeking new ways to support the well-being of individuals and the advancement of healthcare professionals.



Nick Caravaggio

Nick Caravaggio, C. Ped (C). is a highly credentialed Second-Generation Canadian Certified Pedorthist who owns and operates the Caravaggio Orthotic Clinic in Peterborough, Ontario. His clinical practice focuses on the comprehensive assessment and management of lower limb biomechanics across all age groups, including high-risk seniors and athletes.

As a specialist in Video Gait Analysis and the in-house manufacturing of Custom-Made Foot Orthotics, Nick brings a practical, deep understanding of appliance design and functional control to his patient care. His family history is rooted in the field, as his late father, Nick Sr., was one of the founding members of the Pedorthic Association of Canada.

Beyond his clinical work, Nick is a published author of *Petes 101: The Unofficial History of the Peterborough Petes* and serves as a high-level soccer referee in Ontario. He is dedicated to interprofessional collaboration, offering Foot Care Nurses essential insights for risk reduction and optimizing patient outcomes.



Dr. Kate Clayton-Jones

The founder of FootCare by Nurses, Dr. Kate's research focuses on ways that foot care nurses can do small, cost effective evidence based interventions with care that have a huge positive impact to both the patient and the nurse.



Lindsey Cosh

Lindsey Cosh is the Foot Care Program Coordinator for the Indigenous Diabetes Health Circle (IDHC), formerly SOADI. She has been with IDHC since 2008 after graduating from Brock University and has enjoyed the many years of providing diabetes services to the Indigenous community.

She was raised on the north shores of Georgian Bay in a small Indigenous village of Shebahonaning and belongs to the Wahnapiatae First Nation. She currently lives and works out of Sudbury. With both Scottish and Anishinaabe ancestry, she spent most of her earlier years learning and living off the land.

Her work involves collaborating with Diabetes Canada, Diabetes Action Canada, Institute for Clinical Evaluative Sciences (ICES), the National Indigenous Diabetes Association (NIDA), the First Nation Technical Institute (FNTI), Health Quality Ontario (HQO), Union of Ontario Indians (UOI), Wounds Canada, many of Ontario's AHACs and Family Health Teams and multiple healing and wellness leaders within the Indigenous community of turtle Island.



Dr. Idevania Costa

Dr. Ide Costa is an Associate Professor in the School of Nursing and Associate Director of the Centre for Education and Research on Aging and Health (CERAH) at Lakehead University. She is the founder and director of EQUIP@Action, Lakehead's Research Hub for Health Equity, which amplifies the voices of equity-deserving populations navigating

life and the healthcare system with chronic conditions.

As Lead Researcher at Wounds Canada, Dr. Costa has spearheaded transformative national initiatives, including co-founding and chairing Our Voices, Our Stories, a pan-Canadian digital storytelling project, and leading the development of Canada's first Patient Bill of Rights and Responsibilities in Wound Prevention and Care, funded by the Social Sciences and Humanities Research Council of Canada (SSHRC).

Dr. Costa has published widely in peer-reviewed journals, presented her work nationally and internationally, and received multiple national and international awards recognizing her leadership and contributions as a wound-care nurse, educator, and researcher. More info at: <https://equipaction.lakeheadu.ca/>



Meaghan Currie

With over 18 years of experience in healthcare, Meaghan Currie brings extensive knowledge and a strong commitment to excellence in clinical practices. Passionate about patient safety and the advancement of Canadian Standards of Practice, Meaghan is dedicated to promoting effective and evidence-based approaches to instrument reprocessing and ultrasonic cleaning. In the discussion "Beyond the Bubble: Your Guide to Understanding Ultrasonic Cleaning", we will focus on helping you understand the intricate anatomy that makes these unique cleaning devices such a critical piece of the reprocessing workflow.



Anyes deLaat

Anyes deLaat is the founder and driving force behind Soul Comfort Sheepskin, a company dedicated to therapeutic wool products that support chronic pain relief, comfort, and holistic healing for both people and pets. With a unique ability to blend ancestral wisdom and modern science, she has become a trusted voice in the field of natural fiber innovation.

Her expertise lies in designing and manufacturing wool-based solutions that redistribute pressure, prevent bed sores, and enhance overall wellness. Anyes is also a gifted storyteller and educator, known for crafting messages that resonate with both practitioners and patients by combining scientific validation with heartfelt care.

She has presented to numerous medical groups and was a featured speaker at the Annual Foot Care Nurse Conference in 2023, where she shared evidence-based insights on the therapeutic benefits of wool. Always researching and bringing forward agar studies, Anyes is committed to proving that sheep wool must be 100 percent reinstated into the medical field. Through her work, she continues to empower healthcare professionals with practical tools and compassionate solutions that make a tangible difference in everyday lives.



Dr. Robyn Evans

Dr. Robyn Evans is a lecturer at university of Toronto and the Medical Director of the Wound Healing Clinic at Women's College Hospital, involved in research and teaching. She also is a full time family physician in the community. She is part of the faculty of the International Interprofessional Wound Course through the University of Toronto. She is senior faculty for the Canadian Association of Wound Care to support the development of inter-professional education programs for clinicians as well as delivery and evaluation of these programs.



Misty Fortier

Misty currently serves as the Director of the Credentialling Centre and Nursing Policy at the Canadian Nurses Association (CNA). With nearly 20 years of service in the nursing profession, Misty has played a crucial role in shaping the standards of nursing practice across Canada.

As the Director of the Credentialling Centre, Misty oversees the certification and credentialing processes for nurses, ensuring that they meet the highest standards of professional practice. Her leadership and commitment

to excellence have been instrumental in promoting continuous professional development and maintaining the quality of nursing care. She is committed to fostering a culture of lifelong learning and professional growth among nurses, ensuring that they are well-equipped to provide the best possible care to their patients.



Ann Gaudet

Ann served in the Canadian Armed forces in the 90's and experienced Military Sexual Trauma in 1996. She went public as a person with lived experience in 1998 and so began her role as a Veteran and Mental Health advocate. Ann is an experienced educator, Veteran, Firefighter/Paramedic and Nurse. She holds and shares valuable insights into negotiating life with trauma both as a care provider and as a person with lived experience.

She has dedicated almost three decades to uplifting and educating communities and organizations regarding trauma informed care, inclusivity, and Military Sexual Trauma. Ann Shares her journey living with PTSD in a manner that evokes hope and constructive dialogue centred around collaboration for change and inclusion.

Ann has participated and contributed to the development of educational workshops with the Canadian Armed Forces to help facilitate culture change and an understanding of Military Sexual Misconduct. She also educates nurses, physicians and other healthcare providers regarding trauma informed care and incorporating trauma informed techniques into their practice.

Ann has recently participated in the Restoring Hearts and Minds symposium as a panelist and committee member. Ann received the Bell Let's Keep Talking Award for Outstanding Caregiver in 2022. Ann also participates in numerous focus groups to help advocate and enable policy reform to decrease the stigma and increase inclusivity for people living with mental health.



Courtney Ghirardello

Courtney Ghirardello is a Registered Nurse with a Bachelor of Science in Nursing and over four years of experience specializing in Perinatal, Pediatrics, and foot care nursing. With a growing passion for preventative health and mobility, she is transitioning from bedside care to focus on professional foot care through her business, Step Ahead Wellness.

Courtney is proud to partner with Nightingale Medical Services, where she provides in-office nursing foot care that promotes independence, comfort, and quality of life. She believes that foot health is essential to overall wellness and is committed to helping clients put their best foot forward—both literally and figuratively.

Courtney's services include comprehensive foot assessments, treatment and management, preventative and specialized care for at risk clients, infection control and prevention, and client education and referrals.

Based in beautiful Lake Country, Courtney enjoys exploring the outdoors with her husband, young son, and their dog. Whether she's caring for patients or adventuring with her family, she brings compassion, knowledge, and dedication to everything she does.



Catharine Gray

Catharine is a registered Chiropodist, and is the emeritus Academic Chair, and Discipline Head - Chiropody at the Michener Institute of Education and University Health Network (UHN). Graduating in 1992 from the Chiropody program at The Michener Institute, she holds a Bachelor of Science degree from Brock University, a Postgraduate Certificate in Education from the U.K., and has a Masters in Gerontology.

Since retiring in September 2022, she continues to find pathways to improve positive foot health outcomes. She continues to work in private practice, at the Niagara Medical Group Family Health Team, and at the Michener Chiropody Clinic. She has published articles, and most recently submitted a case study for Wound Care Canada. She continues to present at various foot and wound conferences; whereby she can continue to educate others on best practices.



Meghann Graydon-Brunet

Meghann Brunet is a Canadian Certified Pedorthist and co-owner of Align Orthotics in Kingston. She earned her Bachelor of Kinesiology from McMaster University and completed her Canadian Pedorthics Certification in 2001. Since then, she has provided dedicated pedorthic care to clients throughout the Kingston area, bringing more than two decades of clinical experience to her practice.

Meghann is an active member of the Pedorthic Association of Canada and the College of Pedorthics of Canada. She is committed to ongoing learning and regularly attends conferences focused on biomechanics, rehabilitation, and new developments in the field. Her approach to care is grounded in personalized service, working closely with each client to ensure their custom orthotics and treatment plans support their goals and daily function.



Josee Hunter

Josee Hunter is the CEO and Director of Care at Happy Feet Medical Foot Care Inc. As a Registered Practical Nurse (RPN) and a Foot and Lower Limb Care Nurse (FCN), she is dedicated to advancing preventative care and improving the quality of life within her community through both patient care and nursing education.

With over a decade of experience, Josee has developed and implemented her own assessment models and care plans in clinics across Canada. Her passion for practical, hands-on education bridges the gap between theory and real-world application, ensuring that best practices are both effective and realistic in patient care.

Through her hands-on, real-world approach, she equips both new and experienced nurses with the skills and confidence needed to excel in their specialty.

"I look forward to expanding our knowledge together!"



Lunatik Athletiks Inc.

Lunatik Athletiks Inc. started as a "Designer Compression" company in the medical and athletic market. They are committed to creating synergies of fabulous design with a specific focus on medical efficacy so you can express your unique personality while gaining the medical benefits of graduated compression! They are committed to designing fabulous, bespoke compression garments that you are excited to wear. They encourage and promote preventative medicine while helping to achieve optimal leg health. From extreme endurance athletic endeavors or a walk to work, they strive to share their passion for expression with premium fit and function. Recently, they decided to bring their clients the convenience of at-home wellness products. Their goal is to supply you with all the tools to help keep your clients healthy, active and happy. Thoughtfully designed in Canada and worn all over the globe!



Melonie Millar

Melonie Millar is a Licensed Practical Nurse with 15 years of clinical experience and has spent the past three years as an advanced foot care educator. Her clinic has been using custom silicone orthoses for approximately five years, helping hundreds of patients reduce pressure on high-risk areas through custom silicone molds. These tools have become a valuable asset to her foot care practice.



Tim Moffitt

Timothy Moffitt, C. Ped. (C) – Originally from Northern Manitoba, Tim began working with footwear in Winnipeg in 1994, later becoming a Canadian Certified Pedorthist in 2003.

Specializing in making foot orthotics, shoe modifications and patient education, Tim now practices in Edmonton at Custom Orthopedic Ltd. He has done guest speaking at several clinics and hospitals, as well as providing webinar Continuing Education seminars.

In his off time, you will most likely find Tim hosting at the local Karaoke bar, singing away!



Julian Mulia

Julian Mulia, MEng, is a chemical engineer, life-science entrepreneur, and passionate problem-solver. He is the Co-Founder and Chief Scientific Officer of NanoTess, a Calgary-based company developing catalytic solutions to improve wound, dermatological and global health outcomes. Julian holds bachelor's and master's degrees in chemical engineering from the Schulich School of Engineering at the University of Calgary and was recognized as the 2022 Most Promising Startup Entrepreneur of the Year for his leadership in Alberta's technology ecosystem. Prior to founding NanoTess, he worked as a management consultant advising Fortune 500 companies on innovation and strategy. He is also active in mentorship and pro-bono consulting for startups and non-profits.



Anmol Nijjar

Anmol Nijjar was born and raised in Edmonton, Alberta, and earned her Bachelor of Science with Distinction in Biological Sciences and Psychology from the University of Alberta in 2021, and is a recent graduate of the Master of Management program at the Haskayne School of Business. Anmol has been actively involved in grassroots community initiatives focused on empowerment, inclusion, and positive local impact. She is passionate about fostering equity in healthcare and building partnerships that advance access to innovative medical solutions. As a Partner Success Associate at NanoTess, she supports the delivery of advanced wound care technologies that create meaningful impact for patients and communities.



Dr. Karim Ravji

Karim Ravji holds a Doctorate of Podiatric Medicine (DPM) and is a registered Chiropodist in Ontario specializing in both the surgical and non-surgical treatment of foot and ankle disorders. This includes foot soft tissue surgery, biomechanics, diabetes, dermatology, and infection prevention. He obtained a Bachelor of Science undergraduate degree from the University of Toronto, followed by Graduate School in the US culminating in training and a surgical residency in the Department of orthopedics at Yale University School of Medicine, Department of Orthopaedics and Rehabilitation.



Chris Robertson

Chris obtained a BA in psychology from the University of Waterloo, a Masters degree in work, organization and leadership, and his Juris Doctor from Osgoode Hall Law in Toronto. He practiced in general civil litigation and insurance defence prior to joining the CNPS. Prior to embarking in his career in law, he had a more than two-decade career in Emergency Medical Services in Ontario culminating as a Critical Care Flight Paramedic and as a municipal Paramedic service Deputy Chief.



Tej Sahota

After graduating from Heart Lake Secondary School, Tej completed a Bachelor of Science degree in Human Biology at the University of Toronto. He then pursued his medical training at the Ohio College of Podiatric Medicine (now Kent State University College of Podiatric Medicine), earning his Doctor of Podiatric Medicine degree in 2008.

During his medical education, Tej trained under internationally recognized foot and ankle surgeons at the Cleveland Clinic and St. Vincent Charity Medical Center. He went on to complete a rigorous three-year advanced surgical residency at Summa Western Reserve Hospital in Akron, Ohio, where he developed expertise in complex foot and ankle reconstruction, pediatric deformity correction, fracture fixation, tendon repair, and minimally invasive surgical techniques. His training also included arthroscopic procedures and regenerative therapies such as platelet-rich plasma for athletic injuries. In recognition of this advanced training, Tej earned Associate status with the American College of Foot and Ankle Surgeons (ACFAS) in 2011.

Following residency, Tej practiced with the Ohio Foot & Ankle Center and served as an on-call surgeon at multiple hospitals across Northeastern Ohio. He also held academic roles as Externship Director at Summa Western Reserve Hospital and as adjunct faculty at several medical institutions, while providing specialized care in wound clinics with a focus on diabetic limb salvage.

In 2013, Tej returned to Ontario with his wife Ruby and their growing family. After becoming certified with the College of Chiropractors of Ontario, he joined Markham Podiatry and became Lead Clinician in 2015. He has served as Vice President of the Ontario Podiatric Medical Association, Senior Faculty for the Canadian Association of Wound Care, and a medical provider for the 2015 Toronto Pan Am Games.



Brian Scharfstein

Brian Scharfstein is the director and co-owner of Canadian Footwear and Foot and Lower Limb Clinics, with locations in Winnipeg and Calgary. A proud Winnipegger, he has enjoyed a long career in business for over 58 years. With a team of over 100 employees, Brian places the utmost importance on workplace safety and ensuring a secure shopping experience for the community.

As a certified Canadian Pedorthist, Brian specializes in managing foot complications associated with diabetes, arthritis, and common lower limb conditions in seniors. He also serves as a Footwear and Orthotics Benefit Claims consultant for Canada Life. In 2013, he chaired the Winnipeg Chamber of Commerce and has also served as Vice-Chair of the Winnipeg Police Board. Brian is currently an active member of Winnipeg's Downtown Community Safety Project.



Tannis Sorge

Tannis Sorge is a Registered Nurse and Foot Care Nurse Educator with over 20 years of experience advancing clinical excellence in nursing foot care across Canada. As the founder of PED-Education Inc. (PEDEd), she provides advanced education for nurses in both clinical and community settings. Through partnerships with universities, colleges, and professional associations nationwide, Tannis has helped shape programs that integrate best practice standards, evidence-based care, and hands-on skill development.



Dr. Kathleen Stevens

Dr. Kathleen Stevens is an Assistant Professor at Memorial University Faculty of Nursing and an advanced foot care nurse in St. John's, Newfoundland and Labrador, Canada. Dr. Stevens is a mixed-methods and patient-oriented researcher with expertise in quantitative and qualitative methods. Her program of research is focused on preventative foot health and foot self-management interventions, and diabetes with the goal of preventing skin

breakdown and foot ulceration and amputation. Through her research and service, she endeavors to impact health policy and implement knowledge translation initiatives that reduce diabetic foot complications.

Dr. Stevens is a leader in foot health and diabetes at the provincial and national level. She is a member of the executive of the Newfoundland and Labrador Advanced Foot Care Nurses Special Interest Group. She has been involved with the Canadian Association of Foot Care Nurses Association as a Board Member for six years. Dr. Stevens is involved in multi-disciplinary work and research as a member of Wounds Canada.



Dr. Irit Van-Ham

Dr. Van-Ham holds a Ph.D. in Pharmacology and has extensive experience in formulation development and toxicology, having worked with Teva Pharmaceuticals and the Ontario Ministry of Health. As the Chief Technology Officer and co-founder of ToeFX Inc., she leads the development of innovative treatments like ToeFX. Outside of her professional work, Dr. Van-Ham is passionate about cooking and cycling, often accompanied by her dog.



Isabel Vigneault

With over 40 years of experience in professional foot care, Isabel Vigneault is recognized for her clinical expertise, advanced technical training, and long-standing contribution to the field. A registered nurse and co-owner of Surpied inc., a specialized foot care clinic established in 1994, she has dedicated her career to advancing best practices in podologic care.

Ms. Vigneault completed her nursing degree at the Université de Montréal and received her initial foot care training at the CEGEP de Sherbrooke. She later enhanced her competencies in Europe and completed additional training as a medical shoemaker in Laval. Her ongoing professional development includes two post-graduate certifications from the Université de Sherbrooke in Advanced Wound Care and Infection Prevention and Control, enriching her ability to manage complex clinical cases.

A committed educator, Ms. Vigneault is the author of several foot care teaching manuals used in the Surpied training program. Over the past 25 years, she has trained more than 1,000 nurses and nurse assistants, contributing significantly to the professionalization and standardization of foot care practice in Québec.

Isabel also collaborates with Continental Cosmetics as a clinical trainer and professional consultant for the GEHWOL product line, providing education, technical support, and expertise to healthcare professionals across the country.

Deeply passionate about clinical excellence and continuous learning, she is currently preparing to pursue a Master's degree in Nursing focused on an area related to foot care, with the goal of further advancing the discipline and improving patient outcomes.



Amy Zhou

Amy Zhou is the Western Account Manager for Pedicare, a trusted distributor of high-quality instruments, equipment, supplies, and educational products for foot care professionals and health institutions since 2006. Pedicare is known for its Rotatool™ line of podiatry drills, a wide selection of burs and abrasive caps, and the largest inventory of Susol single-use instruments in North America.

With a strong understanding of Pedicare's product offerings and their clinical applications, Amy works closely with healthcare providers to offer practical solutions that support effective and efficient patient care.

If you plan to register for multiple workshops, please check that their schedules do not overlap.
Please note that Friday workshops are available to in-person registrants only.

Room Name	Cawthra (Conference Level)	Vista Salon A (Lobby Level)	Vista Salon B (Lobby Level)	Erin Mills (Lobby Level)
Session 1 8:30 – 10:00	Burring with a Purpose: Aligning Technique with Client Goals 20 spots Member: \$200 Non-Member: \$225 Sponsor: PEDEd	From Blisters to Breakdowns: Taking Your Skills to the Next Level 25 spots Member: \$50 Non-Member: \$75	Callus & Corn Treatments with Sharps Certificate Training 40 spots Member: \$150 Non-Member: \$175 Sponsor: CPC Healthcare	Treatment of the Ingrown Toenail 40 spots Member: \$250 Non-Member: \$275
Session 2 10:30 – 12:00	Burring with a Purpose: Aligning Technique with Client Goals 20 spots Member: \$200 Non-Member: \$225 Sponsor: PEDEd	How to Secure a Shoe to a Foot 40 spots Member: \$50 Non-Member: \$75	Compression Fitting 40 spots Member: \$50 Non-Member: \$75 Sponsor: Lunatik Athletiks	
Session 3 12:30 – 14:00	Onyfix Nail Correction Certification 20 spots Member: \$785 Non-Member: \$810 Sponsor: PEDEd	Crafting a Safe Space Through a Trauma Informed Lens 40 spots Member: \$50 Non-Member: \$75	Custom Silicone Foot Orthosis 40 spots Member: \$130 Non-Member: \$155 Sponsor: Pedicare	Onychoplastie Essentials: GEHWOL Nail Repair 20 spots Member: \$75 Non-Member: \$100 Sponsor: GEHWOL
Session 4 14:30 – 16:00	Certification for Onychomycosis Treatment – ToeFX System & PCR Test 20 spots Member: \$200 Non-Member: \$225 Sponsors: ToeFX, Pedicare	Retirement Opportunities for the Self-Employed 40 spots Member: \$50 Non-Member: \$75 Sponsor: Sun Life	Connecting the Dots: From Clinical Assessment to Video Gait Analysis 35 spots Member: \$50 Non-Member: \$75	Padding & Off-Loading 40 spots Member: \$75 Non-Member: \$100

2026 Workshops

Burring with a Purpose: Aligning Technique with Client Goals

Led by Tannis Sorge **SPONSOR: PEDED**

This workshop reframes burring as both a hands-on skill and a clinical decision, guided by the client's goal. Participants will explore how reduction techniques change when treating an IPK versus callus, or when thinning a mycotic or dystrophic nail. By understanding the purpose first—offloading, improving product absorption, or preparing for treatments like ToeFX or Onyfix, nurses can choose the right burr, pressure, and finish for safer, more effective outcomes. Hands-on practice with toe models will reinforce purposeful, outcome-driven technique.

Workshop supplies includes: X1 Taper Barrel NEM, 1 Ball burr, 1 Mandrel, 3 Orange Caps, 3 Thermal Caps, and 1 Oval TiAIN.

Participants are required to bring the following: Professional foot care drill, Battery-operated drills (battery-operated; must be packed in carry-on luggage if flying), N95 mask and Protective goggles.

From Blisters to Breakdowns: Take Your Skills to the Next Level

Led by Nicola Bartley and Catharine Gray

This interactive workshop is designed to strengthen practitioners' ability to identify and manage common skin and nail conditions affecting the foot, ensuring accurate assessment across all skin tones as part of routine care. Participants will learn to confidently distinguish between lesions such as blisters, fissures, calluses, and corns, and understand their underlying causes. A key focus will be differentiating warts from corns—an essential skill for accurate diagnosis and treatment.

The session will also explore dermatological anomalies and nail disorders, along with strategies for preventing and managing skin breakdown and wounds. Recognizing how these conditions present on different skin tones will be integrated throughout the discussion, reflecting best practice for inclusive and effective care.

Attendees will engage in hands-on scenarios guided by foot care experts, applying evidence-based techniques to real-world cases. This practical approach will help build confidence in clinical decision-making and improve patient outcomes.

Price includes a take home bag of supplies.

Callus and Corn Treatment with Sharps Certificate Training

Led by Janis Boudreau **SPONSOR: CPC Healthcare**

Corns, calluses, and cracked heels are among the most common yet often overlooked conditions in professional foot care. This interactive, hands-on workshop equips nurses with the specialized skills and confidence to treat these issues safely and effectively. Participants will learn to assess and manage a variety of skin conditions using precision techniques and professional instruments, including scalpels, gouge blades, burrs, and other tools. Emphasis will be placed on safe practice, effective technique, and achieving optimal outcomes for patient comfort and mobility.

By the end of the session, attendees will not only expand their technical expertise but also gain practical, real-world strategies to integrate advanced foot care into their clinical practice. Whether new to foot care or seeking to refine existing skills, participants will leave empowered to provide high-quality, patient-centered care in this essential area of nursing practice.

Includes AFCN Learning Institute Advanced Skills online program to be completed prior to attending workshop (participants will receive a link 3 weeks prior to conference) and a complimentary scalpel blade holder.

Treatment of the Ingrown Toenail

Led by Josee Hunter

This workshop is a comprehensive 3-hour learning experience designed to enhance your skills and confidence in managing ingrown toenails. This hands-on course covers the identification and understanding of various presentations of ingrown toenails, along with effective treatment options. Participants will gain familiarity with essential tools, like the Ingro-Pal, and explore strategies for ensuring pain management during treatment. The workshop also includes an overview of the Onyfix nail correction system (not a certification) and guidance on referring out-of-scope cases to healthcare professionals. Attendees will benefit from hands-on practice using artificial ingrown toenails, ensuring they leave with practical skills and knowledge to apply in real-world scenarios. Join us for this engaging and skill-building workshop!

Participants are required to bring a Black's file and a probe.

How to Secure a Shoe to a Foot

Led by Dr. Kate Clayton-Jones

A shoe has many functions, including a statement of fashion and to meet a purpose including protecting the foot. But nowhere in there is a shoe supposed to create pain, harm, or damage to the wearer and yet that happens a lot. Foot care nurses have the ability to educate and empower patients to make change but need the knowledge and practice to be able to do that.

Participants will learn where balance is and what it feels like, a different way of matching a shoe to a foot (which is incredibly accurate and inexpensive), as well as several securement techniques that put the theory into practice.

Participants are encouraged to wear or bring tie-up shoes to practice lacing techniques.

Compression Fitting

Led by Lunatik Athletiks Inc. SPONSOR: Lunatik Athletiks Inc.

Lunatik Athletiks Inc. (ACHI Brand) is excited to team up with CAFCN and host a Compression Education Workshop. This is a comprehensive look into compression therapy from a Canadian Manufacturer/Distributor of Compression and Wellness products, licensed through Health Canada. Spend some time with us and learn to love compression the way we do, ACHI brand compression is something that will appeal to just about everyone. Your business deserves the best, and that is what we offer.

We have fun colours, fabulous styles/patterns but most of all, we have the medical efficacy needed to be gracing the legs of you and your clients. Ditch the boring blah socks... join us for exciting, comfortable, affordable & Canadian Compression. We are female entrepreneurs that love to support Canadians, we are passionate about what we do and want you to be a part of it.

Our compression education is a 90-minute session where we will go over compression basics as well as looking at how to introduce and sell compression to your existing clientele. The Lunachicks will provide all the information needed to help you begin to sell compression and even ideas of how to broaden your business and your profits! We hope to see you at the 2026 CAFCN/ACIISP conference in May!

Onyfix Nail Correction Certification

Led by Courtney Ghirardello & Tannis Sorge SPONSOR: PEDED

This session offers a comprehensive certification experience in the Onyfix Nail Correction System, designed specifically for foot care professionals seeking to expand their clinical toolkit.

Participants will begin with an online pre-learning module completed prior to the conference, introducing the science, indications, and application principles of the Onyfix composite system used to correct ingrown and involuted nails. Participants will receive the link 3 weeks prior to the conference.

During the live conference workshop, participants will move beyond theory to observe a full instructor-led Onyfix application demonstration, followed by an opportunity to perform a return demonstration under guided supervision. This hands-on component ensures participants develop both competence and confidence in using Onyfix safely and effectively within clinical practice

Price includes the Onyfix starter kit and access to the online Onyfix learning platform prior to the workshop.

Participants are required to bring a foot care drill (battery-operated; must be packed in carry-on luggage if flying), a N95 mask and protective goggles.

Crafting a Safe Space Through a Trauma Informed Lens

Led by Ann Gaudet

This workshop explores the concept of trauma and recognizes that all individuals carry lived experiences, creating a foundation for shared understanding and connection. Participants will be guided to reflect inwardly to identify stigma and unconscious bias that may exist within healthcare practice, and to examine how these biases and preconceived notions of trauma can influence the quality of care provided to clients. The session will include a focused discussion on the unique needs of military members and veterans when accessing healthcare services. Participants will also engage in hands-on, real-time interventions designed to support the development of safe, therapeutic relationships with clients who have lived experiences of trauma.

Attendees will learn practical language tools and communication strategies to help create psychologically safe spaces for clients, while also gaining insight into reducing the risk of vicarious trauma and stress-related injuries when providing care.

Upon completion of this workshop, participants will leave with a renewed perspective on trauma, increased empathy for those with lived experience, and greater confidence in delivering trauma-informed care.

Custom Silicone Foot Orthosis

Led by Melonie Millar & Amy Zhou SPONSOR: Pedicare

Join us for a hands-on session where you will work directly with PediFix PediPlast Advanced Moldable Footcare Compound. We will walk through how to mix and apply the material on the foot, adjust firmness with the curing agent and shape a custom silicone appliance that supports common foot issues.

You will see each step demonstrated and then have time to practice the techniques yourself, with guidance as you go. By the end, you will feel more comfortable creating soft, durable devices that offer immediate relief for your patients. All supplies are included, and you will leave with extra material to continue practicing.

Workshop price includes 100 g Pedifix Pediplast (value \$60), PHeet Wipes (value \$21), and Scissors (value \$12).

Onychoplastie Essentials: GEHWOL Nail Repair Gel and Nail Compound

Led by Isabel Vigneault SPONSOR: GEHWOL

Onychoplastie is a valuable and versatile technique for foot care nurses, providing both functional and aesthetic solutions for patients with damaged, altered, or partially missing toenails. This 90-minute workshop begins with a clear overview of Onychoplastie, including its indications, benefits, and role in modern foot care. Participants will gain an understanding of how specialized cosmetic products can be used not only to improve nail appearance, but also to act as a partial nail prosthesis that supports protection and restoration of the nail.

The session will then transition into a live demonstration, showcasing the fundamental steps of Onychoplastie. The demonstration will cover nail assessment and preparation, gel application, shaping techniques, and finishing for natural-looking, durable results. Clinical tips, product handling, and patient considerations will be discussed throughout.

Participants will then take part in a supervised hands-on practical component using mannequin toes, allowing them to apply the techniques learned in real time. This interactive portion is designed to build confidence and reinforce proper technique. This workshop is ideal for foot care professionals looking to enhance their clinical skills and expand their treatment options with Onychoplastie.

Price includes cost of material for the workshop and a couple of take-home brushes.

Participants are required to bring a foot care drill (battery-operated; must be packed in carry-on luggage if flying), an N95 mask and protective goggles.

It is recommended to bring the following burs:

- 1x Burr cross cut head, carbide or stainless steel
- 1x Diamond Grinder Super Course
- 1x Diamond Grinder Medium Course
- 1x Diamond Grinder Course
- 1x Ceramic Grinder

Certification for Onychomycosis Treatment – ToeFX System & PCR Test

Led by Dr. Irit Van-Ham **SPONSORS: ToeFX, Pedicare**

ToeFX utilizes photodisinfection light technology, which combines targeted light therapy with a topical solution to treat fungal nail infections effectively. The system is designed with a unique curved shape to ensure the entire foot is treated at once, offering both precision and comfort for clients. This workshop will provide an overview of treatment, clinical cautions, assessing infection severity, visual assessment, and how to use the Dr. Toe PCR test for accurate diagnosis. Along with case studies, proper photography techniques, debridement, proper burr selection, hands-on experience with ToeFX light therapy and topical application, and how to manage follow-up debridement will be discussed.

Retirement Opportunities for the Self-Employed

Led by Scott Beck **SPONSOR: Sun Life**

How do you plan for retirement as a small business owner? There can be many unknowns. Where do you even start? This workshop will cover many of the challenges small business owners can face when planning for their own retirement, like:

- Factors to consider if you are selling your business, including ways to save money on taxes
- Options for saving for retirement and addressing creditor protection
- Tips on how to create your retirement paycheque

A financial plan is important and does not just include retirement. A plan is more than saving money and buying insurance. It's about what you desire to do or achieve in your lifetime. It will help you figure out where you are today, where you're going, and how best to get you there.

Building a plan starts with making a list of things that are important to you today, things that you want to work towards and things that concern you or keep you up at night. It is an opportunity to look at everything together and determine how you will use your hard-earned money to achieve all your goals. The workshop will go through case studies, situations and ideas to encourage the business owner of taking advantages of options they may never have considered or even knew about.

Connecting the Dots: From Clinical Assessment to Video Gait Analysis

Led by Nick Caravaggio

How often do we identify a clinical finding during a non-weight-bearing exam, only to wonder exactly how it impacts our patient's daily mobility?

This presentation offers a deep dive into the practical application of Gait Analysis as a diagnostic bridge. We will explore a systematic approach to foot and ankle assessment, moving through three critical phases:

1. **The Non-Weight-Bearing Assessment:** Identifying the structural and "silent" cues.
2. **Static Stance:** Observing how gravity and ground reaction forces begin to alter alignment.
3. **Dynamic Gait Analysis:** Using slow-motion capture to reveal the "how" and "why" behind gait pathologies.

Attendees will learn the speaker's specific workflow for capturing and interpreting video data. The focus will be on the "clinical breadcrumbs"—the specific markers found in seated and standing exams that inevitably present as compensations or inefficiencies during the gait cycle. By the end of this session, participants will have a clearer framework for predicting gait patterns based on their clinical findings and utilizing video technology to enhance patient education and outcomes.

Learning Objectives

- Recognize key non-weight-bearing indicators that predict specific gait compensations.
- Understand the transition of foot mechanics from static posture to dynamic movement.
- Learn a repeatable workflow for performing effective gait analysis in a clinical setting.
- Improve patient communication by using visual "evidence" to explain mechanical issues.

Padding & Off-Loading

Led by Tim Moffitt

This workshop will explore the critical role of proper footwear, padding, strapping, and off-loading techniques in managing common foot-related issues encountered in clinical practice. Key topics will include the biomechanical effects of pronation and supination, and their impact on overall foot health and function. We will also address leg length discrepancy and its role in altering gait patterns, leading to discomfort and potential injury. We will delve into common conditions such as metatarsalgia, claw, hammer and mallet toes, and discuss how footwear modifications and therapeutic interventions can alleviate pain and improve mobility.

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Bunions and other forefoot deformities will also be highlighted, with a focus on strategies for both prevention and management. Practical techniques for offloading pressure from high-stress areas of the foot, alongside strapping and padding methods, will be demonstrated as essential tools in reducing discomfort and improving quality of life for clients.

Finally, the workshop will provide evidence-based recommendations for selecting appropriate footwear, taking into consideration individual foot structure, pathology, and activity level. By integrating these concepts, clinicians will gain a comprehensive understanding of how to address these complex foot conditions and improve client outcomes through tailored, effective interventions.

Participants are encouraged to wear shoes with removeable insoles, to learn how to modify orthotics.




Saturday, May 23, 2026

7:15 – 8:00	Breakfast Registration Exhibitor Hall Open
8:00 – 8:15	Opening Remarks & Land Recognition – Lori Ralph, President of CAFCN
8:15 – 8:45	Introduction to the Exhibitors
8:45 – 9:30	Your Role in the Diabetes Foot Health Pathway: Prevent, Recognize, Act – Mariam Botros Diabetic foot complications remain a leading cause of preventable hospitalizations, amputations, and diminished quality of life, yet many can be avoided through timely, coordinated, and risk-informed care. This session empowers foot care nurses to clearly understand and confidently apply their role within the Diabetes Foot Health Pathway, emphasizing practical actions that drive prevention and early intervention. Participants will explore risk-based foot health stratification as a foundation for prevention and management strategies across the continuum of care, supporting individuals at risk of, or living with, diabetic foot complications. Through clinically relevant examples, the session will highlight early warning signs and key risk factors, enabling timely assessment, appropriate referral, and escalation of care across community, primary, and acute care settings. The session will also demonstrate how to effectively integrate Wounds Canada’s peer-reviewed resources into everyday practice. Attendees will learn how to access evidence-based tools and supports to strengthen prevention, monitoring, and management for individuals with complex diabetic foot complications.
9:30 – 10:15	Peripheral Arterial Disease and Vascular Assessment – Dr. Robyn Evans PAD is associated with an increased risk of limb complications and cardiovascular events. A vascular assessment is a critical component in identifying PAD and evaluating lower-limb arterial circulation. It includes a focused health history, visual inspection of skin colour and integrity, assessment of temperature, palpation of peripheral pulses, capillary refill, and evaluation of pain or sensory changes. Accurate vascular assessment supports early detection of PAD, informs safe foot care practices, and guides appropriate referral and management.
10:15 – 10:45	Coffee Break Exhibitor Hall Open
10:45 – 11:30 <i>Virtual</i>	From Stories to Standards: How Patients’ Voices Are Shaping Rights-Based Foot and Wound Care in Canada – Dr. Ide Costa By the end of this session, participants will be able to: <ul style="list-style-type: none">• Recognize how preventable foot wounds and amputations reflect gaps in early assessment, access, and continuity of care, particularly for equity deserving populations.• Reflect on patient and caregiver narratives related to foot wounds and limb loss to better understand how people experience prevention, delays in care, and system navigation.

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	<ul style="list-style-type: none"> Describe the Patient Bill of Rights and Responsibilities (PBORR) and explain how it was co-created with patients, caregivers, and clinicians to support equitable wound and foot care. Apply PBORR principles to foot care nursing practice to strengthen education, advocacy, shared decision-making, and prevention-focused care.
11:30 - 12:15	<p>Nursing 101 - Assessment Leads to the Plan: Interventions that Foot Care Nurses can do that make a Huge Difference and Why - Dr. Kate Clayton Jones</p> <p>This session will bring awareness of the power of assessment that a foot care nurse possesses to inform and focus the plan of care to have more powerful and meaningful nursing impact that is good for the client, the nurse and the nurses' business.</p>
12:15 - 13:30	Lunch Exhibitor Hall Open
13:30 - 14:15	<p>Slips & Falls in Seniors: Managing Balance and Proprioception in our Aging Population - Brian Scharfstein</p> <p>This session will provide a better understanding of managing and reducing the slips and falls in the aging population:</p> <ul style="list-style-type: none"> What is normal gait? Comprehend the kinetics of standing and walking Understand how proprioception and balance impact our ability to maintain independency The relationship between foot care, footwear, and lifestyle The importance of selecting properly fitted footwear Patient expectations related to custom made orthotics vs. over the counter insoles Why socks are important How we can better educate and assist our patients to maintain their ability to reduce the risks of tripping and falling
14:15 - 15:00	<p>Rheumatoid Arthritis in the Foot - Tej Sahota</p> <p>This presentation explores rheumatoid arthritis of the foot and ankle, focusing on disease pathophysiology and multidisciplinary management. Attendees will gain insight into the autoimmune processes that drive synovial inflammation, joint destruction, deformity, and functional impairment in the rheumatoid foot. Common clinical manifestations and complications such as gait disturbance, ulceration, and infection will be reviewed. Emphasis will be placed on total team care and the vital role nurses play in improving patient prognosis. Key nursing contributions include early identification of disease flares, skin and wound surveillance, patient education, medication adherence support, and coordination of care between rheumatology, podiatry, physiotherapy, and wound care teams. Practical strategies will be highlight long-term patient outcomes.</p>
15:00 - 15:30	Coffee Break Exhibitor Hall Open

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15:30 - 16:15	<p>Addressing Racism in Healthcare: The Role of Foot Care Nurses - Lindsey Cosh</p> <p>This presentation will explore the impact of racism within the Canadian healthcare system and its effects on Indigenous peoples' access to care, health outcomes, and trust in healthcare providers. This session will highlight how systemic and interpersonal racism can influence client interactions, clinical decision-making, and care delivery.</p> <p>With a focus on practical strategies foot care nurses can apply in their practice, including self-reflection, culturally safe communication, advocacy, and creating welcoming clinical environments. This session aims to support foot care nurses in strengthening relationships, improving care experiences, and contributing to meaningful change within healthcare.</p>
16:15 - 17:30	<p>Spotlight Sessions - Exhibitor Hall Open</p> <p>An opportunity for vendors to independently showcase a product or service at their booth & more shopping time for us!</p>
18:30 <i>Supper</i> 19:30 <i>Foot Jeopardy</i>	<p>Bites, Buzzers & Bragging Rights</p> <p>Join us for an evening that blends great food, great company, and a little friendly competition. Following dinner, we will be hosting Foot Jeopardy, a lively, interactive game designed just for foot care nurses. Participants will play in teams, making it a fun, collaborative experience for everyone. Expect clever questions, clinical pearls, and plenty of those "ohhh right!" moments with engaging categories that mix practical knowledge, real world experience and a touch of fun.</p> <p>Whether you are competitive or just in it for the laughs, Foot Jeopardy is a great way to connect with colleagues, test your knowledge and end the day smiling. No prep required. Just bring your sense of humour, and your love of feet.</p> <p><i>Spaces are limited. So, register early and join us for a fun evening.</i></p> <p>Jeopardy Night Pizza & Salad Menu (Cash Bar)</p> <p>MARGHERITA - Tomato, Basil & Cheese CARNE - Prosciutto, Genoa, Salami, Cheese & Roasted Red Peppers FUNGHI - Woodland Mushrooms, Feta Cheese, Parmesan Cream MEDITERRANEAN - Grilled Artichokes with Citrus Arugula, Pepper, Olive, Feta Cheese, Oregano & Tomato BUTTER CHICKEN (CONTAINS NUTS) - Chicken Tikka, Onion, Peppers & Cilantro House & Caesar Salad</p>  <p>The logo for 'Foot Jeopardy!' features the words 'FOOT' and 'JEOPARDY!' in large, bold, white letters with a blue outline. The background is a vibrant, abstract design with a purple and blue gradient, accented with bright yellow and orange light streaks and a grid of white dots.</p>

Sunday, May 24, 2026

7:15 – 8:00	Breakfast Registration Exhibitor Hall Open
8:00 – 8:45	Walking with Confidence: The Power of Gold Practice Standards in Foot Care Nursing – Janis Boudreau In today's evolving healthcare landscape, footcare nurses play a vital role in promoting mobility, preventing complications, and enhancing quality of life. To deliver safe, effective, and trusted care, it is essential to anchor practice in recognized professional standards. This presentation will explore how adopting and demonstrating Gold Practice Standards empowers footcare nurses to practice with confidence, advocate for their profession, and strengthen patient trust. Attendees will gain insights into translating standards into daily practice, showcasing competencies with clarity, and leading with confidence in diverse clinical settings. Together, we will highlight how standards not only guide excellence in care but also elevate the identity and credibility of footcare nursing.
9:00 – 9:45	Wool in Foot Care: Evidence-Based Comfort for Pressure Relief & Healing – Anyes deLaat Foot care nurses know that every step matters. This dynamic presentation uncovers why wool is the medical field's hidden answer for healthier feet. Rooted in centuries of ancestral wisdom and backed by modern scientific evidence, wool offers unparalleled benefits: it regulates moisture, cushions pressure points, reduces friction, and supports skin integrity. These properties make it a powerful ally in preventing ulcers, blisters, and pressure injuries conditions that nurses work tirelessly to manage. The purpose of this session is to inspire and equip nurses with practical, evidence based strategies for integrating wool into their clinical practice.
9:45 – 10:15	Coffee Break Exhibitor Hall Open
10:15 – 10:45 <i>Virtual</i>	Beyond the Bubble: Your Guide to Understanding Ultrasonic Cleaning – Meaghan Currie 'Beyond the Bubble: Your Guide to Understanding Ultrasonic Cleaning' is a deep dive into the mystery of ultrasonic cleaning, an often-overlooked step in the reprocessing of surgical instruments. We'll explore the science behind the mechanism, current best practices, review the Canadian Standards, and discuss why ultrasonic cleaning really matters.
10:45 – 11:15	Treating Forefoot Problems: Practical Pedorthic Approaches Using Orthotics and Footwear – Meaghann Graydon-Brunet This session will provide a practical overview of assessing and managing common forefoot problems through the lens of pedorthic care. Participants will gain an understanding of how factors such as forefoot alignment, mobility, footwear structure, and activity demands contribute to symptoms and how small, strategic adjustments can make a significant difference in outcomes.
11:15 – 12:00	Pharmacological Interventions for Fungal Nails – Dr. Karim Ravji This presentation will go through the commonly used medications for fungal nails, uses for which types of fungal nails and efficacy of each.

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12:00 – 13:30	Lunch Exhibitor Hall Open
13:30 – 14:30	<p>Building a CNA Certification Portfolio: A Hands-On Approach Using the CAFCN Competency Framework – Misty Fortier & Kathleen Stevens</p> <p>Advanced foot care nurses practice within a defined scope articulated by the Canadian Association of Foot Care Nurses (CAFCN) Competency Framework, which emphasizes knowledge-based practice, quality practice, communication, collaboration and partnerships, leadership and advocacy, and professionalism. The Canadian Nurses Association (CNA) portfolio based certification will recognize specialty nursing competence and reflective practices. As this approach to certification is new, there is a need to support advanced foot care nurses in understanding how routine practice can be translated into portfolio evidence aligned with certification expectations.</p> <p>This session aims to support advanced foot care nurses in preparing for CNA portfolio certification by using the CAFCN Competency Framework and CNA guidance to identify, organize, and reflect on portfolio evidence.</p> <p>We will explore how advanced foot care nursing activities align with CAFCN competencies and can be presented as portfolio evidence for CNA certification. Practice-based examples will include comprehensive and high-risk foot assessment, nail and skin care, infection control, client education, documentation, and interprofessional collaboration. Emphasis will be placed on concise, strengths based reflection that demonstrates clinical reasoning, patient safety, and professional judgment. Participants will engage in a guided activity to map one practice example to a CAFCN competency, identify appropriate evidence, and draft a brief reflective narrative suitable for a CNA portfolio. Strategies for maintaining a portfolio as a living document aligned with ongoing practice and continuing competence will also be discussed.</p> <p>Participants will be able to (1) describe CNA portfolio certification expectations, (2) identify CAFCN competency-aligned portfolio evidence, (3) link practice examples to competencies using reflective narratives, and (4) implement strategies to sustain a certification portfolio over time.</p>
14:30 – 15:15	<p>Catalyzing Change: Advancing Foot-Care Wound Healing Through Biochemical Innovation – Julian Mulia & Anmol Nijjar</p> <p>Injured, inflamed, or infected foot wounds are a daily reality in foot-care nursing, and despite skilled care, healing can sometimes be prolonged. Meaningful advances in wound care often come not from doing more of the same, but from challenging assumptions and responding with innovative evidence-based approaches.</p> <p>This 45-minute session invites foot care nurses to explore Catalytic Technology in skin and wound-care, a Canadian innovation that is disrupting conventional approaches to managing complex lower-limb wounds. Rather than adding another antimicrobial or absorptive layer, NanoSALV Catalytic introduces a catalytic mechanism designed to support healing while fitting seamlessly into real-world foot-care practice. Grounded in practical experience, the session moves beyond theory to focus on how innovation is applied at the chairside. Through real-world case examples, participants will explore CTM technology behind NanoSALV Catalytic, practical application considerations, and clinical implications across common lower-limb wound scenarios.</p>

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	<p>These cases will address frequently asked questions and “what-if” situations that arise in practice, supporting confident decision-making when integrating a new approach to wound care.</p> <p>Participants will also explore how confidence in use translates into better patient education, clearer documentation, and smoother integration into existing workflows, including considerations on best practices to integrate NanoSALV Catalytic into their standard of care.</p> <p>Attendees will leave with practical insight into a disruptive Canadian engineered skin and wound-care technology and its clinical application within everyday foot care nursing practice.</p>
15:15 – 16:15	<p>AI in Nursing – An Evolving Legal Landscape – Chris Robertson</p> <p>Artificial intelligence (AI) is making its way into healthcare fast, and chances are, nurses will start seeing it in their workplaces more and more. While AI brings new tools and considerations, it does not alter the legal and professional responsibilities nurses uphold. This presentation will break down AI basics—explaining what it is, exploring legal implications, offering risk management strategies, and clarifying how AI aligns with current nursing standards. By understanding AI’s role, nurses can thoughtfully incorporate it into their work while maintaining their core responsibilities.</p>
16:15	Evaluation and Farewell

